

USDA® Official Rules & Regulations – Amendments effective July 1, 2009

The following rule changes related to equipment specifications for construction and performance have been approved effective July 1, 2009, and represents a refinement of specifications previously published for January 1, 2009.

- The Long Jump specifications shall be as follows:

Championship Program

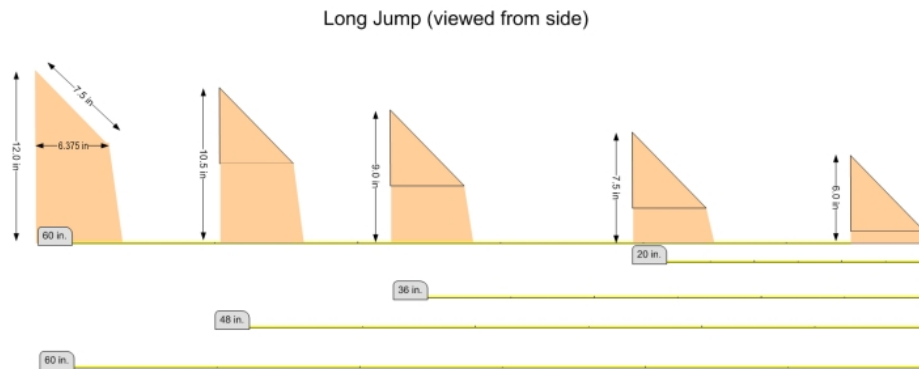
Jumping Height	# of Planks	Height at back edge of Plank	Overall Span
12"	2	7 ½", 6"	20"
16"	3	9", 7 ½", 6"	36"
22"	4	10 ½", 9", 7 ½", 6"	48"
26"	5	12", 10 ½", 9", 7 ½", 6"	60"

Performance Program

Jumping Height	# of Planks	Height at Back Edge of Plank	Overall Span
8"	1*	7 ½"	6" (app)
12"	2	9", 7 ½"	20"
16"	3	10 ½", 9", 7 ½"	36"
22"	4	12", 10 ½", 9", 7 ½"	48"

*Note that only four boards are used in Performance, with the smallest, 7 ½".

All planks shall be 7¼" wide and measure in equal lengths between 48" and 60", have a pitch measuring approximately 33 degrees from the plane parallel to the ground, resulting in a 4" drop in height on each plank from back to front. See diagram below for visual construction specifications for each unit at each height.) The planks shall be equally spaced over the span for each jump height class.



Bases are shown here slightly flared for support. Note also that boards are normally set equally spaced from the first board to the last.

Planks may be in increasing lengths from front to back in increments in order that they may be nested; when this is done, a 45" (115cm) minimum length is permitted, provided the back two planks are no less than 48" (120cm) in width. A minimum of 48" is strongly encouraged for all planks.

- Corner marker poles measuring no less in height than 48" (app. 120cm) and between ¾" and 1½" in diameter (or width) shall be placed at the four corners of the jump even with the front and back planes. The poles shall not be attached to the planks. The space between poles and edge of the planks shall be no more than 4" from the side edge of the front plank and no more than 2" at the back plank. A minimum distance of 48" between the front poles is required.